



# CRESCENT OAKS

## Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004



### CRESCENT OAKS LEADERSHIP TEAM:

Executive Director ..... Grace Tapia  
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 Resident Development ..... Amanda Lee  
 Care Coordinator ..... Riakky Sainz  
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## December 2021

### Season's Greetings!

*Holiday greetings to all! We hope that everyone had a blessed and safe Thanksgiving. December is another busy month and we are so excited for all the fun events that we have planned. Unfortunately, due to health and safety reasons, our community is not hosting the usual residents and family holiday party as we continue following the safety protocols and guidelines from the Licensing and Santa Clara Health Department. However, a holiday is still a holiday whether we celebrate at home with our families and friends or in the care facility with our dedicated and caring staff and friends in the community. Here at Crescent Oaks, we are finding ways for our residents to celebrate the holiday season extra special for them. This month, we have lots of special entertainment with our great performers and volunteers. We are very excited for "The Madrigals Choir" performance, which we missed last year. We will also encourage our residents to participate with our traditional decoration and lighting of the tree. Please see our calendar for more activities and special events that we have planned. And, of course, we are ringing the New Year with sparkling drinks, good food, music, and a countdown to the new year. No matter how we celebrate the holiday, let us not forget the true meaning and spirit of this season. Let us all be kind and love one another.*

*Wishing each and every one a wonderful and safe Holiday Season!*



## Last Month's Featured Photos:



Birthday celebrants' afternoon tea party!



Joseph goofing on Halloween!



Staff in costume for the spirit of Halloween... Congrats to all the winners!



Tree painting for Autumn crafts =)

## Welcome to Crescent Oaks!

It is with great pleasure that we welcome you to your new home. We look forward to having you and your loved one as a part of our community family. Welcome home!

\*Robert P.

\*Mary Lou G.

## Upcoming Special Events and Activities:

12/3 ... Decorating and lighting of the tree.

12/6 ... Photo shoot with Santa Claus, Holiday sing along and trivia in celebration of St. Nicholas Day.

12/17... Ugly Sweater Contest! Staff will be flexing their ugliest holiday sweater to win surprise goodies.

12/21 ... Residents' Holiday Party. Holiday Season's special live music at 3:30 pm serving with yummy desserts.

12/22 ... The Madrigals Choir Concert!

Students from Mt. View High School are back to perform a mini special choral concert for the residents.

12/23 ... Special Holiday Dinner for the residents.

12/30 ... Ring in the New Year! We will be watching a fireworks display and countdown on YouTube while serving champagne, sparkling cider, and cheese.



## COVID-19 Update and Reminders:

As the Covid-19 pandemic guidelines continue, we are still following protocols from licensing and the Health Department. As always, our top priority is the safety and well being of our residents and staff. To help protect everyone's health and safety, we ask all visitors to please continue to wear face masks, use hand sanitizer, check temperatures, and show proof of vaccination or proof of negative Covid-19 test (taken 72 hours prior to visit) before entering our community. We also ask visitors to stay out of all common areas such as the lobby, dining room, and lounge areas. Please call our community ahead of time (preferably a day before) to schedule your visit. We encourage everyone to please share with any friends or family our protocols, so that they will also be aware when planning a visit to our community. We appreciate your patience, cooperation, and understanding.





### HAPPY BIRTHDAY!

A merry birthday wish to the following December celebrants:

- Peachy ... 12/01
- Adelma ... 12/20
- Berta ..... 12/23
- Richard ... 12/28
- Hector .... 12/28

### Happy Hour Entertainment Schedule:

- Jerry ..... 12/10 @ 10:30 AM
- Lee Allen ... 12/15 @ 10:30 AM
- Joseph .... 12/17 @ 2:30 PM
- Precious ... 12/21 @ 3:30 PM
- The Madrigals Choir ... 12/23 @ 2:30 PM

### No Bake Strawberries Mint Twinkie Cake:

**Ingredients:** Chocolate mint Hostess Twinkies, cool whip, bananas, vanilla pudding, green food coloring, strawberries (cut into pieces), mint syrup.

**How to make:** Cook vanilla pudding according to directions, add green food color and mint syrup (set aside). Unwrap Twinkies cake, cut into half (lengthwise), layer into baking dish, layer sliced bananas, then spread mint flavored pudding. Add another layer of sliced Twinkie cake, spread cool whip cream, spread sliced strawberries, refrigerate for at least 30 minutes and ready to serve. *Enjoy!*

### Dress for Cold Weather!

Cold season is here and we need to make sure our residents are dressed appropriately for the cold weather. Older adults can lose body heat faster. We are encouraging families to kindly bring over some warm clothing for your loved one. Please call our community and coordinate with the staff regarding this matter. Thank you =)

### BINGO's Birthday!

B-I-N-G-O! It is a favorite game amongst many residents in our community. Either by color, pictures, or numbers bingo, it's tons of fun. So this December 22nd, we wish one of America's classic games a happy birthday!



*Thank you to all the amazing staff! It's been a challenging two years with the pandemic. We are thankful that things are slowly getting better. Each staff member is a valued part of Crescent Oaks. We are also grateful for all our residents and families, friends, hospices, home health nurses, and care support agencies. As we walk into another new year, we want to express our gratitude to each and every one. Cheers to a safe HAPPY NEW YEAR!*



### RESIDENT SPOTLIGHT: Richard O.



*Richard was born on Dec. 28th and grew up in Stockton, CA. Has two daughters with his late wife, Vicky. He had a dog named "Patches" that he loved and would even sometimes go with him to school.*

*When he was young, he wanted to join the service. He received a high score on his admission test, so the Army gladly enlisted him. He was so happy since he had been denied by other branches of the military due to his disabled eye. He served in the Army for 45 years (U.S Sergeant 1st class), serving both in Korea and Vietnam. After his service, he worked as an auto mechanic. Some of Richard's interests include watching his favorite sports games (such as basketball and football), reading newspapers and magazines, shopping, and going to new places. He likes to eat pizza, popcorn, chicken nuggets, muffins, and coffee with cream and sugar (he sings every time he gets a cup). At the beginning, Richard was not a very social person and liked to kept to himself after each meal. With a little encouragement to join in on the activities, he now chats with the other residents and participates! He loves to play bingo and happily sings all the time!*

*Happy 92nd Birthday, Richard!*



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