



# CRESCENT OAKS

## Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004



### CRESCENT OAKS LEADERSHIP TEAM:

Executive Director ..... Ollie Vance  
Regional Director of  
Resident Development ..... Danielle DeWall  
Resident Care Coordinator ..... Jennifer DeLeon  
Activities Director &  
Newsletter/Calendar Author ... Geraldine Sabado  
Dining Services Director ..... Alva Lopez

### Contact Info:

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Social Media: ..... Facebook/Instagram/LinkedIn  
License # ..... 435202705



### OFFICE HOURS:

Monday - Friday  
9:30 AM - 5:30 PM  
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### VISITING HOURS:

Monday - Sunday  
10:00 AM - 4:00 PM

## April 2023

### Smile in Springtime

As we welcome April, we look forward to warmer weather on the way, and we hope everyone gets a chance to enjoy the beauty of spring. Here at Crescent Oaks, April will be buzzing with fun activities. We will start by kicking off the month with a laugh on April Fools' Day, April 1st. Residents and staff are ready for some Easter fun with our Easter Egg Hunt activity. Whoever find the most eggs wins a goody basket! Spring is a very uplifting season and for many it is a month of reflection, rebirth, renewal and celebration! We are also excited to announce that beginning April 3rd, face masks are no longer mandatory in our community. Our residents can finally see everyone's smiles (see more details on page 2).

Check our April calendar for more exciting activities and events planned this Spring. Happy Springtime, everyone!



**"The Beautiful Spring Came; And When Nature Resumes Her Loveliness, The Human Soul Is Apt to Revive Also."**

*By: Harriet Ann Jacobs*

# Featured Photo



It's always fun playing with balloon swat!



Beautiful Spring arts and crafts



Activities for mind stimulation

## HAPPY BIRTHDAY!

Happy birthday wishes to our April celebrants:

- Margaret V. - 04/06
- Elvia - 04/18



## April Special Events and Activities:

- April 1st: Don't be fooled, it's April Fools' Day!
- April 2nd: Palm Sunday (Beginning of Holy Week)
- April 3rd: Masks Off Celebration
- April 7th: World Health Day. Free Blood Pressure check for everyone and healthy smoothie snack social.
- April 9th: Easter Sunday. Staff and residents teaming up for Egg Hunting. Most eggs collected will get a goody basket.
- April 19th: Couple Appreciation Month Celebration. We are hosting a wine and cheese social for our lovely couples in the community.
- April 22nd: Jellybean Day. Anyone in the community can join the "How many Jellybeans in a Jar?" guessing game. Ask Geraldine for details.
- April 25th: Red Hat Society Day. Tea Party and discussion social.

\* Please see our April calendar for more daily activities and fun events\*



Good news! The CDSS (California Department of Social Services) is updating much of its recent guidance in healthcare facilities and unveiled plans to relax the guidance on masking. So, face masks are no longer mandatory for staff and visitors in our community starting Monday, April 3rd! COVID screening inside the community is also no longer required, but if you are experiencing any COVID symptoms, respiratory or any other contagious illness (e.g, cough, fever, cold or flu), we highly recommend that you visit some other day. If you plan to have a meal with your loved one, please continue to let us know ahead of time so we can reserve a table for you and your loved one. Our top priority is always the safety and wellbeing of your loved one and everyone in our community. Call our community for any questions or concerns. Thank you.

## Sympathy

Our heart goes out to the whole family and friends of our beloved Margarete, whom we called "Peggy".



## Smoked Salmon Deviled Eggs



**Ingredients:** 6 eggs, 2 tsp lemon juice, 4 oz. smoked salmon (minced), 1/4 cup mayonnaise, 2 tbsp onion (minced), 1 tsp fresh dill (minced), salt & pepper to taste.

**Instructions:** Boil eggs for 12 mins. Once cool, gently slice in half and separate the yolks into a bowl. Add mayonnaise, minced salmon, lemon, dill, salt, pepper, then mix together until completely smooth. Scoop and fill each egg white with the filling. Sprinkle with dill and enjoy!

## Walk to End Alzheimer's 2023

Every day, we see the devastation caused by the Alzheimer's disease. That's why each year, we join the walk to spread awareness. Walking and raising money for research into a cure for Alzheimer's is another reason why we find this event so meaningful. Please sign up for this year's "Walk to End Alzheimer's" on Oct. 14th, 2023. Go to the website <http://act.alz.org> and join or donate to our community team, **Crescent Oaks MC Sunnyvale**. Call our office for any questions at (408) 730-4004.



## Recycle for the Earth

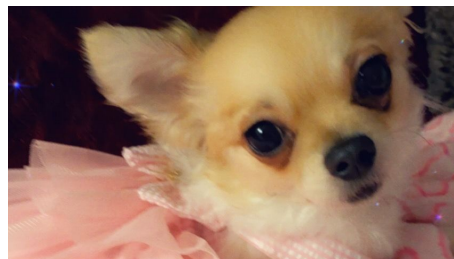
Each year we celebrate Earth Day on April 22nd to raise awareness about the importance of helping the environment and protecting Mother Earth. Our community is doing our part to help the planet every day by shredding papers and using recycling bins throughout the community. We encourage all to do their part. Every small action makes a big difference!

## April Entertainment

- **Lee Allen** (Piano)  
April 3rd at 10:30 AM
- **Jery** (Oldies but Goodies)  
April 13th at 10:30 AM
- **Precious** (Oldies/Variety)  
April 19th at 2:30 PM

## Pet Spotlight: YUMI

*April 11th is "National Pet Day". Meet Yumi, she's the baby paw member in my family. Yumi means beautiful in Japanese. She just turned 1 year old last month. Yumi likes to cuddle, and she loves to grab my hand and scratch her tummy and have me cuddle with her. There's nothing but joy whenever I get home and see her excitement while jumping around and wagging her tail.*



## Resident Spotlight

### Berta B.

Berta was born in Houston, Texas, and grew up in South Dakota. She went to college in Rapid City and the American Academy of Dramatic Art in New York. She then worked as a secretary in the Department of Defense and also become a realtor. She was married to her husband, Bill, for almost 68 years and blessed with three children, Bonnie, Bill Jr, and Patty. She now has seven grandkids and 10 great-grandkids. Berta used to enjoy a lot of activities such as crocheting, sewing, gardening, cooking, and reading. She also loved to sing and experienced singing on the radio. Berta was very active and involved in children's activities and women's circle. She also has a talent in playing instruments like violin and piano and used to play in the church. We enjoy listening to her playing piano and her great voice whenever we do a sing-along here at Crescent Oaks.



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